

Knit Fabrics Hooping Guide



For all of the following fabrics you will **70/10 Ball Point needles**.

Basic Polo Shirts - Use 2 layers of No Show backing & 1 layer of crisp tearaway backing-topping on the top



Sweatshirts, Sweatpants & Fleece
2 layers of 2 oz. Cutaway Backing or 1 layer of Cutaway backing & 1 layer of Crisp Tearaway backing-topping on the top



All Items below - use 2 layers of No Show backing & 1 layer of Crisp Tearaway backing -topping on the top.

Polo Shirts

Wicking Fabrics

Performance Fabrics

Sweatshirts

T-Shirts

Tank Tops

Mesh Shirts

Mesh Shorts

Sweat Shorts

Sweatpants

Ladies Yoga Pants

Performance wear Knit Jackets

Performance wear Knit Pants

